



Leading the National Effort to End Sexual Violence

Rape, Abuse & Incest National Network

RAINN is the nation’s largest anti-sexual violence organization and the leading authority on sexual violence. We are a dynamic organization focused on **victim services, public education, public policy,** and **consulting services.** Our team develops and operates best-in-class services for survivors, informs and educates the nation about sexual violence, and improves the public policy and criminal justice response to these crimes.



Victim Services

RAINN created and operates the **National Sexual Assault Hotline, available by phone (800.656.HOPE) and online in English (online.rainn.org) and Spanish (rainn.org/es).** RAINN also operates Safe Helpline, a service for members of the U.S. military affected by sexual assault, through a contract with the Department of Defense. We work closely with more than 1,000 local sexual assault service providers to offer confidential support services, available 24/7, to survivors across the country.



Public Education

RAINN educates the public about sexual violence and works with national media and the entertainment industry to elevate sexual violence storylines and reach millions of households across the country. Our website (**rainn.org**) and **social media platforms** connect people to support and help us engage with communities. Through an annual college program, a **national speakers bureau of more than 3,000 survivors,** and other community activities, RAINN is able to mobilize the public to play a role in prevention and recovery.



Public Policy

RAINN works at the federal and state levels to improve the criminal justice system, prevent sexual assault, and ensure justice for survivors. We develop and promote public policy changes that make communities safer and support survivors. We also lead the national effort to end the rape kit backlog and reform state statutes of limitations laws.



Consulting Services

RAINN works with clients across public, private, and non-profit sectors to **develop targeted, effective sexual assault education and response programs.** To do this, we offer a variety of specialized consulting services to meet each organization’s unique needs, including hotline services, program assessments, and education and training.

RAINN has helped more than

3 million

people since 1994.

National Sexual Assault Hotline

RAINN created and operates the **National Sexual Assault Hotline, which has helped more than 3 million people since 1994**. The hotline is available by phone (800.656.HOPE) and online chat in English (online.rainn.org) and Spanish (rainn.org/es). The service is free, confidential, and available 24/7.



Call

When someone calls 800.656.HOPE, they will be connected with a RAINN support specialist or a local center from RAINN's network of more than 1,000 sexual assault service providers throughout the country. Staff offer advice, information, and support. In some areas, providers can offer additional local services, such as hospital accompaniment. Together, RAINN and these local providers are able to operate the hotline 24/7 to provide confidential support to survivors and their friends and family.



Chat

Talking about what happened can be an important part of moving forward and seeking help, but not everyone is comfortable talking over the phone. Survivors and loved ones can access help online (online.rainn.org) through a chat-based platform on a computer, phone, or tablet. RAINN's staff provides support to thousands of survivors each month, many of whom are disclosing the experience for the first time.

“Sometimes typing it is actually easier until you’re ready to talk about it.”

— Samentha Moore, survivor of sexual violence, on using the National Sexual Assault Online Hotline



Help in Spanish

At rainn.org/es, survivors can access the Spanish-language Online Hotline, a peer support group, and Spanish-language educational content.



Help for the Military Community

RAINN created and operates the DoD Safe Helpline, a crisis support service for members of the military community affected by sexual assault. Safe Helpline provides live, confidential, anonymous support and information. Members of the DoD community can access Safe Helpline online (safehelpline.org), over the phone (877-995-5247), through a self-care app, and through a group chat service (safehelproom.org).

“RAINN helped me see that I am not alone.”

—Juliana Araujo, survivor of sexual abuse

Sexual Assault Statistics



1 out of every 6

American women has been the victim of an attempted or completed rape in her lifetime.

8 out of 10

rapes are committed by someone the victim knows.

Out of **every 1000** sexual assaults, 995 perpetrators will walk free.

Every **92 seconds**, another American is sexually assaulted.