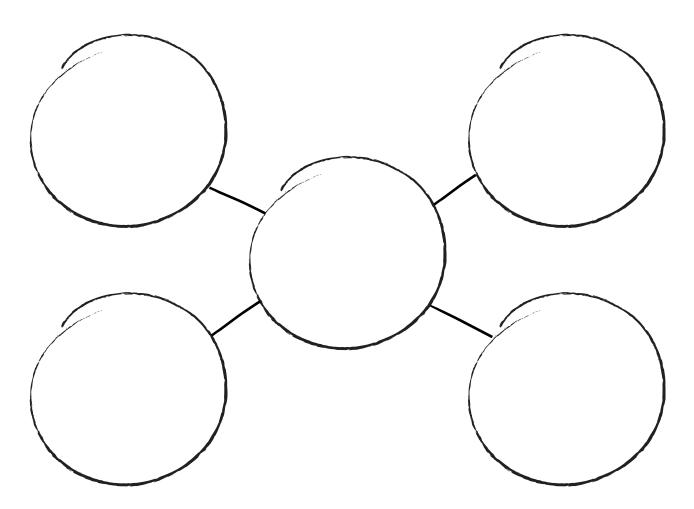
## **CIRCLES OF MY MULTICULTURAL SELF**

This activity highlights the multiple dimensions of our identities. It addresses the importance of individuals self-defining their identities and challenging stereotypes.

Place your name in the center of the structure below. Write an important aspect of your identity in each of the satellite circles – an identifier or descriptor that you feel is important in defining you. This can include Asian American, female, sxster, student, Hindu, bisexual, or any descriptor with which you identify.





## **CIRCLES OF MY MULTICULTURAL SELF**

- Share a story about a time you were especially proud to identify yourself with one of the descriptors you used above.
- Share a story about a time it was especially painful to be identified with one of your identifiers or descriptors.
- Name a stereotype associated with one of the groups with which you identify that is not consistent with who you are. Fill in the following sentence:
  - I am (a/an) \_\_\_\_\_ but I am NOT (a/an) \_\_\_\_\_
  - Ex: If one of your identifiers was "Indian," and a stereotype you associated with that was "all Indians are Hindu," your sentence might be "I am an Indian, but I am NOT a Hindu."

